

Sarah Graham

4-1415 Highway 2
Courtice, ON, L1E 2J6
(289) 301-8313
info@thefoundationstation.ca

QUALIFICATIONS & CERTIFICATIONS

Qualifications

Registered Psychotherapist - College of Registered Psychotherapists of Ontario (CRPO)

- Therapeutic Play Practitioner
- AutPlay Certified Play Therapist
- Walk & Talk Therapy Provider

Certified Teacher (Primary/ Junior Divisions) - Ontario College of Teachers (OCT)

- Special Education, Part I
- Teaching Students with Communication Needs (ASD)
- Reading, Part I
- Math, Part I
- Kindergarten, Part I

Certifications

- Mental Health First Aid (February 2022)
- First Aid and CPR Level C – Durham First Aid (August 2024)
- Orton-Gillingham Training - Fundamentals & Classroom Educator (July 2021)
- TESOL Certification -Teaching English as a Second Official Language (May 2020)

Professional Development

- Play Therapy – Special Populations (Trauma) – December 2024
- Internal Family Systems (IFS) Training – PESI (August 2024)
- Emotion Focused Individual Therapy Training – PESI (July 2024)
- Play Therapy Foundations II – RMPTI (August 2023)
- Play Therapy Foundations I – RMPTI (July 2023)
- Treat Disordered Eating and Trauma with CBT, ACT & More – PESI (May 2023)
- Play Therapy: Tools for Helping Children and Youth – Crisis & Trauma Resource Institute (May 2022)
- Accessibility for Ontarians with Disabilities Act Training (January 2022)
- Sunshine Circles Training - Theraplay Canada (August 2021)

SKILLS

- Strong oral and written communication skills
- Competent with technology: Google Suite (Forms, Slides, Docs, Meets), Microsoft Office (Teams, Outlook), Zoom, Blackboard Learning
- Flexible and open-minded
- Dedicated and reliable
- Strong problem-solving and conflict resolution skills
- Committed to lifelong learning

EDUCATION

Master of Arts in Counselling Psychology

Yorkville University, Fredericton NB

May 2021 - August 2023

Bachelor of Education - Kindergarten/Elementary

McGill University, Montreal QC

September 2008 – April 2013

WORK EXPERIENCE

Psychotherapist

The Foundation Station, Courice, ON

September 2023 - Present

- Providing psychotherapy to clients with diverse needs
- Incorporating multiple modalities (play, art, CBT, SFBT) to best suit each client
- Meet and consult with guardians on an ongoing basis
- Developing treatment plans to meet client's goals

Instructor & Faculty Advisor for the School of Education

Trent University, Peterborough, ON

September 2023 - Present

- Support Year 1 & Year 2 Teacher Candidates
- Provide lectures, grade assignments, and support practicum placements
- Collaborate with other staff and faculty in the School of Education

Independent Contractor / Practicum Student

Modern Psych, London, ON

January 2023 – Present

- Providing individual psychotherapy to clients virtually
- Providing complimentary consult calls for clients interested in beginning therapy
- Researching and preparing activities for client sessions
- Recording session notes, next steps, and making referrals as necessary

Primary Teacher

Durham District School Board, Whitby, ON

September 2022 - Present

- Providing coverage to primary classrooms
- Collaborating with a teaching partner to ensure student success
- Planning and assessing student work and writing report cards

Primary Teacher

Kawartha Pine Ridge District School Board, Peterborough, ON

September 2015 – June 2022

- Homeroom positions for Kindergarten and Grade 1 classrooms
- Planning and assessing student work and writing report cards
- Collaborating with school staff to ensure student success
- Communicating with guardians regularly

Reading Interventionist

Various families

June 2010 – Present

- Providing 1:1 instruction to students requiring extra support
- Working with students to get caught up to grade level
- In-person and virtual tutoring